

Therapies Sessions

Need a little 'me time'?

We offer FREE therapeutic massage sessions with a professional massage therapist. Choose from relaxing hand, shoulder, or back massages, lasting between 20 and 30 minutes

These sessions are available to autistic adults, adult carers, and parent/carers — a chance to unwind and recharge in a calm environment



Please see our website for eligibility, dates and to book. If you have any enquiries please contact Doncaster Parents Voice on :

T: 01302 637566

E: dpvevents@doncastercarers.org.uk

W: www.doncasterparentsvoice.co.uk

