

We host regular coffee mornings at the **Carers Centre**, and you're warmly invited to drop by! It's a relaxed space where you can enjoy endless cups of tea or coffee, nibble on some biscuits, and connect with others who understand what you're going through. Whether you fancy a chat with our team or just want to meet fellow carers, we'd love to see you. **Come and say hi!**

6th August 2025 20th August 2025 27th August 2025 3rd September 2025 10th September 2025 17th September 2025 1st October 2025 15th October 2025 22nd October 2025 29th October 2025 5th November 2025 12th November 2025 19th November 2025 26th November 2025 3rd December 2025 10th December 2025 17th December 2025

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